

PATIENT INSTRUCTIONS

Thank you for purchasing the Vision Assessment Corporation Vortex Variable Vectograph P/N 1055. This instruction manual is written for a non-professional who is assisting a patient with administering this exercise therapy.



PURPOSE

Exercise therapy to improve the efficiency and width of eye alignment ability by increasing the range of binocular vision, while increasing vision reflexes and decreasing eye strain. This exercise therapy can help eliminate suppression (turning one eye off) and train convergence (bringing the eyes in) and divergence (bringing the eyes out).

FAMILIARIZE YOURSELF WITH THE VECTOGRAPH

- Polarized Variable Vectograph Vision Therapy System consists of:

1. 1 Therapy Binder



2. 1 Guide



3. 2 Vectographic Panels

- Panel 1 (Blue Bar at Bottom)



- Panel 2 (Numbers/Letters at Bottom)



4. 1 Pair Standard Polarized Viewers



(NOT TO BE USED AS SUNGLASSES)

5. Patient Instruction Manual

6. 1 Patient Vision Therapy Record Form with Pen

TESTING CONDITIONS

- Well-lit, glare-free area
- If reflections or glare on the Vectograph can be seen, try tilting the test or choose another testing location

ADMINISTRATION

1. Place the polarized viewers on the patient.
2. **PLEASE NOTE: DOCTOR SHOULD ADVISE WHETHER OR NOT POLARIZED VIEWERS SHOULD BE WORN OVER PATIENT'S PRESCRIPTION GLASSES.**
3. Hold the Vectograph approximately 16 inches (40 cm) in front of the patient.
4. Slide the 2 panels in the guide until the 0 appears in the opening on the blue bar at the bottom of the test.
5. Now ask the patient to look at the box containing the + located in the upper right-hand side of the Vectograph.
6. The patient should be able to see both the L & R (Left & Right) below the +. If the patient is unable to see both letters, instruct him/her to cover the opposite eye for the side he/she cannot see. For example, if the patient cannot see the R (Right), have him/her cover his/her left eye. Have the patient focus with the one eye until he/she is able to see the letter that was not previously seen when viewing the Vectograph binocularly. Then again have the patient view the Vectograph binocularly to ensure that now he/she can see both the L & R. Once both the L & R can be seen, the patient is ready to use the Vectograph.
7. Letters in small circles have been placed in various intervals along the curve of the Vortex which spirals downward. Some of the letters float above their circle, some below their circle and some are even with their circle. Ask the patient to start at the outside of the Vortex and identify along the curve each letter and specify if the letter is above, below or even with its circle.
8. The most common letters in the alphabet have been used. Ask the patient to try to form and spell out words using the various letters along the Vortex curve. While spelling the word ask the patient to indicate whether each letter floats above the circle, below the circle or is even with the circle.
9. Refer to the "Scoring" section of this manual for examples of different words and for orientation of the letters.
10. Repeat steps 7-9 while slowly sliding the panels apart. Ask the patient to continue to try to maintain a single image.
11. Have the patient notify you when he/she is no longer able to fuse the Vortex image. (This is the Breaking Point).
12. Note the number/letter in the space on the blue bar at the bottom of the Vectograph. Refer to "Scoring" section of this manual.
13. Next, as you slowly slide the panels back together, ask the patient to notify you when he/she is able to see the Vortex image as a single clear image again. (This is the Recovery Point).
14. Note the number/letter in the in the space on the blue bar at the bottom of the Vectograph. Refer to "Scoring" section of this manual.
15. Repeat steps 7 – 14 until patient can achieve the doctor's recommended goal.
16. Follow any variation on these exercises as recommended by the doctor.

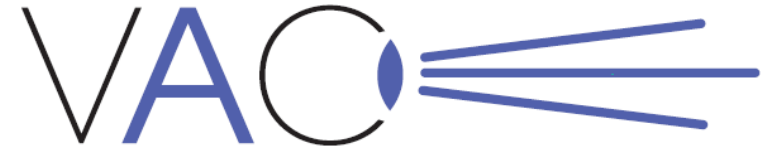
SCORING

- Refer to the Patient Vision Therapy Record Form.
- Record the date.
- Above the diagonal line in the row labeled "Relaxing" record the Breaking Point for the highest letter on the blue bar that the patient is able to reach.
- In the same row below the diagonal line record the Recovery Point for the highest letter from the blue bar at which the patient is able to fuse the images as a single clear image again.
- Repeat the previous 2 steps for the row labeled "Crossing" for recording the Breaking Point and Recovery Point for the highest numbers that the patient can reach on the blue bar at the bottom of the Vectograph.

• **VORTEX ANSWER KEY**

LETTER	ORIENTATION TO CIRCLE
E	EVEN
N	ABOVE
O	BELOW
D	EVEN
S	BELOW
I	ABOVE
P	EVEN
H	ABOVE
C	BELOW
F	EVEN
M	ABOVE
R	BELOW
T	EVEN
L	ABOVE
A	BELOW
U	EVEN

- **SAMPLE WORDS:**
DOG, CAT, MAT, HAT,
RUN, ELF, BIKE, LEAD,
NICE, PINE, HIDE, RULE
- **HAVE THE PATIENT TRY CREATING DIFFERENT WORDS.**



Vision
Assessment
Corporation

Vortex

Polarized Variable Vectograph

P/N 1055

PATIENT INSTRUCTIONS

CARE/HANDLING & STORAGE

- Clean vectographic panels and guide with a soft, damp, lint-free cloth. Dampen cloth using glass cleaner or mild detergent/water.
- **CAUTION: DO NOT IMMERGE THE VECTOGRAPHIC PANELS IN WATER. DO NOT SPRAY CLEANER DIRECTLY ONTO PANELS.**
- ☀ ☂ Store Vectograph in a dry place away from direct sunlight
- Clean polarized viewers using lens cleaner and soft, lint-free cloth
- If panels are removed from guide during cleaning, replace the panels in the guide placing the panel with the blue bar on top of the panel with the numbers/letters and ensuring that the plastic portion of the guide is behind the panels.

WARRANTY

- 1 year manufacturer warranty from date of purchase

ALSO AVAILABLE

Gem Variable Vectograph - Gem PL Variable Vectograph - Gem PL NFL Variable Vectograph



(P/N 1060)



(P/N 1060PL)



(P/N 1060PL -NFL)

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