PATIENT INSTRUCTIONS

Thank you for purchasing the Vision Assessment Corporation Teddy Bear Polarized Variable Vectograph (P/N 1057). This instruction manual is written for a non-professional who is assisting a patient with administering this exercise therapy.



PURPOSE

A three-dimensional picture is used to strengthen the binocularity system and provide base-in and/or base-out training.

FAMILIARIZE YOURSELF WITH THE VECTOGRAPH

- Polarized Variable Vectograph Vision Therapy System consists of:
 - 1. 1 Therapy Binder



- 2. 1 Guide
- 3. 2 Vectographic Panels
 - Panel 1 (Blue Bar at Bottom)



• Panel 2 (Numbers/Letters at Bottom)



4. 1 Pair Standard Polarized Viewers

(NOT TO BE USED AS SUNGLASSES)

- 5. Patient Instruction Manual
- 6. 1 Patient Vision Therapy Record Form with Pen

TESTING CONDITIONS

- Well-lit, glare-free area
- If reflections or glare on the Vectograph can be seen, try tilting the test or choose another testing location

ADMINISTRATION

- 1. Place the polarized viewers on the patient.
- PLEASE NOTE: DOCTOR SHOULD ADVISE WHETHER OR NOT POLARIZED VIEWERS SHOULD BE WORN OVER PATIENT'S PRESCRIPTION GLASSES.
- 2. Hold the Vectograph approximately 16 inches (40 cm) in front of the patient.
- 3. Slide the 2 panels in the guide until the 0 appears in the opening on the blue bar at the bottom of the test.

- 4. Ask the patient to look at the Teddy Bear and groups of play Blocks and have the patient point to each group of Blocks he/she sees. The patient should identify 6 groups of Blocks.
 - If the patient does not point to the group of Blocks in the upper left-hand corner "O, I & N," instruct the patient to cover their right eye. Have the patient focus with their left eye until he/she is able see the group of play Blocks "O, I & N" that were not seen when viewing the Vectograph binocularly. Then again have the patient view the Vectograph binocularly to ensure that this group of Blocks can be seen.
 - If the patient does not point to the group of Blocks with the "W" in the lower right-hand corner instruct the patient to cover their left eye. Have the patient focus with their right eye until he/she is able see the group of Blocks with the "W" that were not seen when viewing the Vectograph binocularly. Then again have the patient view the Vectograph binocularly to ensure that this group of Blocks can be seen.
- 5. Once the patient can see all 6 groups of Blocks, the patient is ready to use the Vectograph.
- 6. Each of the images within the Vectograph are arranged at different levels of depth. Ask the patient to point to each image and indicate whether the image appears to be floating away from them (BELOW the Vectograph), towards them (ABOVE the Vectograph) or if the image appears EVEN with the Vectograph.
- 7. Refer to the "Answer Key" section of this manual for the direction of float for each of the images.
- 8. Next, while slowly slide the panels apart ask the patient to try to maintain a single image while repeating Step 6.
- 9. Have the patient notify you when the images double or when he/she is no longer able to see the Teddy Bear and Blocks as a single image. (This is the Breaking Point.)
- 10. Note the number/letter in the space on the blue bar at the bottom of the Vectograph and record this number/letter on the Patient Vision Therapy Record Form. Refer to "Scoring" section of this manual.
- 11. Next, as you slowly slide the panels back together, ask the patient to notify you when he/she is able to see the images as a single clear image again. (This is the Recovery Point.)
- 12. Note the number/letter in the in the space on the blue bar at the bottom of the Vectograph and record the number/letter on the Patient Vision Therapy Record Form. Refer to "Scoring" section of this manual.
- 13. Repeat steps 6 12 until patient can achieve the doctor's recommended goal.
- 14. Follow any variation on these exercises as recommended by the doctor.

SCORING

- 1. Refer to the Patient Vision Therapy Record Form.
- 2. Record the date.
- 3. Above the diagonal line in the row labeled "Relaxing" record the Breaking Point (the point at which the image splits) for the highest letter on the blue bar that the patient is able to reach.
- 4. In the same box, below the diagonal line record the Recovery Point (the point at which the image returns to a single clear image) for the highest letter from the blue bar at which the patient is able to fuse the images as a single clear image again.
- 5. Repeat the previous steps 3 & 4 for the row labeled "Crossing" for recording the Breaking Point and Recovery Point for the highest numbers that the patient can reach on the blue bar at the bottom of the Vectograph.
- 6. Take this completed Record Form to the patient's next doctor appointment.

ANSWER KEY

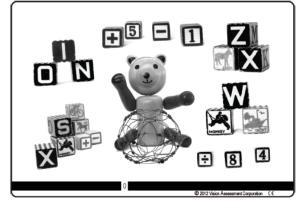


Image Orientation to Vectograph:

Wire Ball: ABOVE

Teddy Bear: ABOVE

Right Top Blocks: Zebra: ABOVE Z: ABOVE X: ABOVE

Left Top Blocks: EVEN Will disappear if Left Eye is not working properly

Left Bottom Blocks:

X: ABOVE Monkey: ABOVE Plus Sign: ABOVE Minus Sign: ABOVE Bicycle: BELOW

Right Center Blocks: EVEN Will disappear if Right Eye is not working properly

Right Bottom Blocks: Division Sign: ABOVE 8: ABOVE 4: EVEN

Center Top Blocks:

Plus Sign: BELOW 5: BELOW Minus Sign: BELOW 1: BELOW

CARE/HANDLING & STORAGE

- Clean vectographic panels and guide with a soft, damp, lint-free cloth. Dampen cloth using glass cleaner or mild detergent/water.
- CAUTION: DO NOT IMMERSE THE VECTOGRAPHIC PANELS IN WATER. DO NOT SPRAY CLEANER DIRECTLY ONTO PANELS.
- T Store Vectograph in a dry place away from direct sunlight.
- Clean polarized viewers using lens cleaner and soft, lint-free cloth.
- If panels are removed from guide during cleaning, replace the panels in the guide placing the panel with the blue bar on top of the panel with the numbers/letters and ensuring that the plastic portion of the guide is behind the panels.

WARRANTY

1 year manufacturer warranty from date of purchase

Vision Assessment Corporation

Teddy Bear

Polarized Variable Vectograph

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